

Stony Brook Medicine Nationally Recognized for Providing High-Quality Stroke and Cardiac Care

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STONY BROOK, NY, August 29, 2024 – Stony Brook Medicine (SBM) has once again been recognized by the American Heart Association for its commitment to delivering high-quality patient care across cardiovascular and stroke focus areas. This year marks the 14th consecutive year for Stony Brook University Hospital (SBUH) (2010 – 2024) and the 11th consecutive year for Stony Brook Southampton Hospital (SBSH) (2014 – 2024) to receive the Association's Get With The Guidelines® - Stroke Gold Plus achievement award. For the sixth consecutive year, SBUH received the Get With The Guidelines® - Heart Failure Gold Plus quality achievement award. Both awards recognize SBM's dedication to improving outcomes for patients, meaning reduced readmissions and more healthy days at home.

"This recognition by the American Heart Association underscores the unwavering dedication of our healthcare teams to provide exceptional care for our patients," said Dr. William Wertheim, Executive Vice President of Stony Brook Medicine. "Our continuous recognition over the years highlights our dedication to providing top-tier cardiovascular and stroke care, and we are proud to see the positive impact our efforts have on improving patient outcomes."

Stroke

Stroke is the No. 5 cause of death and a leading cause of disability in the U.S. Early stroke detection and treatment are key to improving survival, minimizing disability and accelerating recovery times. Get With The Guidelines puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping ensure patient care is aligned with the latest research- and evidence-based guidelines.

In addition to this year's Gold Plus achievement, Stony Brook University Hospital once again earned the distinctions of Target: StrokeSM Elite Honor Roll, Target: Stroke Advanced Therapy Honor Roll and Target: Type 2 DiabetesSM Honor Roll for Stony Brook University Hospital.

Heart Failure

Approximately 6 million U.S. adults live with heart failure, a condition that impairs the heart's ability to pump blood effectively throughout the body. This can significantly impact a person's quality of life, causing symptoms such as shortness of breath and fatigue which is often severe. However, with advanced care, patients can often achieve a better quality of life through lifestyle changes, symptom monitoring, accurate diagnosis, and cutting-edge therapies including state-of-the-art medications and interventions.

The Heart Failure and Cardiomyopathy Center at Stony Brook continues to be recognized for its excellence in patient care, having earned the American Heart Association's Get With The Guidelines® – Heart Failure Gold Plus quality achievement award for the sixth consecutive year. This prestigious honor commends hospitals that consistently demonstrate an unwavering commitment to treating patients according to the latest evidence-based guidelines from the American Heart Association. The award further highlights Stony Brook's Heart Failure and Cardiomyopathy Center's recognition as Long Island's only heart failure program to have earned the distinguished Joint Commission Certification for Advanced Heart Failure, a mark of excellence the Center has proudly achieved since 2011. At Stony Brook, the comprehensive heart failure program leverages the most advanced pharmacological therapies, surgical interventions, and breakthrough devices to ensure the highest quality of life for its patients.

Resuscitation

Each year, more than 300,000 adults and children experience an in-hospital cardiac arrest. Survival from cardiac arrest largely depends on timely medical emergency team response and effective CPR.

Get With The Guidelines - Resuscitation was developed to help save lives of patients who experience in-hospital cardiac arrests by consistently following the most up-to-date research-based guidelines for treatment as outlined by the American Heart Association. Guidelines include following protocols for patient safety, medical emergency team response, effective and timely resuscitation (CPR) and post-resuscitation care.

Stony Brook University Hospital is also nationally recognized for its commitment to improving cardiac arrest survival rates and received these top-level awards:

Get With The Guidelines® - Resuscitation Gold – Adult

Get With The Guidelines® - Resuscitation Gold – Pediatric

Get With The Guidelines® - Resuscitation Gold – Neonate/Infant

About Stony Brook University Hospital:

Stony Brook University Hospital (SBUH) is Long Island's premier academic health center. With 624 beds, SBUH serves as the region's only tertiary care center and Regional Trauma Center, and is home to the Stony Brook University Heart Institute, Stony Brook University Cancer Center, Stony Brook Children's Hospital and Stony Brook University Neurosciences Institute. SBUH also encompasses Suffolk County's only Level 4 Regional Perinatal Center, state-designated AIDS Center, state-designated Comprehensive Psychiatric Emergency Program, state-designated Burn Center, the Christopher Pendergast ALS Center of Excellence, and Kidney Transplant Center. It is home of the nation's first Pediatric Multiple Sclerosis Center. To learn more, visit www.stonybrookmedicine.edu/sbuh.

About Stony Brook Southampton Hospital:

With 124 beds, Stony Brook Southampton Hospital (SBSH) is staffed by more than 280 physicians, dentists, and allied health professionals representing 48 medical specialties. A campus of Stony Brook University Hospital, SBSH offers a diverse array of clinical services, ranging from primary medical care to specialized surgical procedures, including cardiac catheterization, orthopedics and bariatrics. The sole provider of emergency care on Long Island's South Fork, Stony Brook Southampton Hospital is a provisional Level III adult Trauma Center. The hospital includes The Phillips Family Cancer Center, a Heart and Stroke Center, Breast Health Center, The Center for Advanced Wound Healing, Wellness Institute, and 32 satellite care centers throughout the South Fork of Long Island. The hospital is the largest employer on the South Fork with more than 1,200 employees. To learn more, visit www.southampton.stonybrookmedicine.edu.

About Get With The Guidelines:

Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 14 million patients since 2001. For more information, visit heart.org.