

PURIST[®]

AN ADVENTURE IN WELLNESS

At A Glance

Not-to-be-missed Hamptons events to add to your summer calendar.



The summer season brings the best in art, sport and philanthropy—with Guild Hall exhibitions and annual benefits. Photo: Annie Spratt

By Lauren Willett

Summer Sounds in the Garden

July 8

Canoe Place invites you to enjoy seasonal light bites, craft beverages and an exceptional blend of music — an outdoor series with live performances across a variety of genres. Canoe Place Inn&Cottages, 239E. Montauk Hwy., Hampton Bays; canoeplace.com

July 10

Purist Health Fair

Join *Purist* for our fifth annual Health Fair, which will feature concierge integrative practitioners, Eastern and Western healing modalities, nutrition, clean beauty, sustainability, and health innovators, all under one tent. 25 Jobs Lane, Southampton; thepuristonline.com

July 18

Hamptons Artists for Haiti Benefit

The Bridgehampton Museum helps the children of Haiti shine in partnership with Wings Over Haiti, a Sag Harbor-based nonprofit. The evening, honoring Donna Karan for her years of service for Haiti, includes a silent auction of original paintings, photographs and sculptures by East End artists. Tickets \$195 in advance, \$225 at the door; children under 12 for free. Bridgehampton Museum, Tractor Barn, 2368 Montauk Hwy., Bridgehampton; wingsoverhaiti.net

2026 Parrish Art Museum Midsummer Gala

Save the date for an enchanting inner and Afterglow party in honor of philanthropist Ellen Katz and artists Enoc Perez, Joan Semmel, Hiroshi Sugimoto and, in memoriam, Pat Steir. Parrish Art Museum, 279 Montauk Hwy.; parrishart.org

July 18 & 25

Polo Hamptons Match

Guests enjoy the thrill of the polo match and a cocktails paired with delicious hors d'oeuvres by Elegant Affairs Bridgehampton; eventbrite.com

July 23

Brandi Carlile Montauk Benefit Concert

A special one-night-only concert at the Montauk Point Lighthouse, with proceeds benefiting the Montauk Historical Society. Tickets from \$441. Montauk Point Lighthouse, 2000 Montauk Hwy.; eventim.us

July 24–26

Hamptons Jewelry Show

Immerse yourself in a wide selection of fine designer contemporary and estate-signed jewelry and luxury watches from over 100 jewelers and sponsors. Admission \$30 per person. Southampton Fairgrounds, 605 County Road 39, Southampton; hamptonsjewelryshow.com

July 25

Hetrick-Martin Institute “School’s Out”

Enjoy cocktails and dinner at a private home in Water Mill to support LGBTQIA+ youth. Round out the evening with partying and dancing with live performers Lion Babe and Jamie Hannah. \$500. hmi.org

The Watermill Center Summer Benefit

Featuring dynamic works by a roster of groundbreaking international artists, the evening supports The Watermill Center’s year-round programming. View a curated series of installations and performances across The Watermill Center’s expansive property. The Watermill Center, 39 Water Mill Towd Road, Water Mill; watermillcenter.org

August 1

Southampton Hospital Summer Party

The 68th annual celebration returns under a beautifully adorned tent for an unforgettable evening. Join your friends and neighbors for a beloved tradition that supports Stony Brook Southampton Hospital, East Hampton Emergency Department, and the care our community depends on. 31 Wickapogue Road, Southampton; southamptonhospitalfoundation.org

August 7

Guild Hall Summer Gala

Join Guild Hall for a special evening that brings together patrons and artists to celebrate the opening of Ross Bleckner: Never the Less and Eric Freeman: The Volume of Color. Enjoy live entertainment and a festive atmosphere in the museum and gardens. Tickets from \$2,060. 158 Main St., East Hampton; guildhall.org

August 7-9

Hamptons Sweat Fest & Fundraiser

Hamptons Sweat Fest is a fitness and wellness fundraiser for cancer research with breakthrough new studies to reduce the risk of cancer relapse. Presented by The Beljanski Foundation and Rejuvenation Health, it is a multiday experience taking place across East Hampton, Sag Harbor, Bridgehampton and Montauk, August 7th through 9th.

Throughout the weekend, participants are invited to sweat for a cause at their favorite participating studio. Spots are limited, and first come, first served.

The weekend brings together curated fitness classes, community wellness activities and recovery experiences hosted at premier Hamptons destinations. with all proceeds benefiting integrative cancer research.

There are two ticket offerings: Sweat Pass tickets are \$100, and include two activations at participating studios, including The LIFTED Method, Tracy Anderson Method, Physical Equilibrium East Hampton, FORWARD_Space, Elements Barre Fit, Gotham Gym, ID Hot Yoga, NRTHRN Strong and Yoga Shanti. Buy tickets here: beljanski.org/hamptons-sweatfest

The VIP Sweat Pass is \$250, and includes an invitation to the Beljanski Foundation cocktail party, book signing, and a complimentary gift bag, as well as two fitness or wellness activations. Hosted by the Beljanski Foundation founder Sylvie Beljanski and board member Dr. Gerry Curatola at his East Hampton wellness center, Rejuvenation Health, East Hampton Wellness Center, 56 The Circle; beljanski.org

August 8

Cocktails and Book Signing

Join Beljanski Foundation founder Sylvie Beljanski and board member, renowned biologic dentist Dr. Gerry Curatola, at his East Hampton wellness center, Rejuvenation Health, for an intimate cocktail reception and book signing. Rejuvenation Health, 56 The Circle; beljanski.org

One Ocean Gala

A quintessential evening where environmental advocacy meets high-society glamour, this year's Surfrider Foundation gala highlights how the Hamptons community is banding together to fund a massive coastal defense. From salt air mingles with Champagne to conversations on preserving local surf breaks, enjoy an evening created to protect the East End's wild beauty. The Crow's Nest, 4 Old West Lake Drive, Montauk; surfrider.org

August 15

Planned Parenthood Hudson Peconic's Hamptons Benefit

Meet reproductive health advocates, get involved in important actions and support PPHP's work. The Bridgehampton Tennis and Surf Club, 231 Midocean Drive, Bridgehampton; plannedparenthood.org

August 22

SummerFest at the Southampton Arts Center

Experience an evening of delicious dining and captivating music on the grounds of the Southampton Arts Center. John Paulson and Alina de Almeida will be honored with the 2026 Champions of the Arts Award for their contributions. Tickets from \$1,250. 25 Jobs Lane, Southampton; southamptonartscenter.com

